On the LED side:

LED Clock (yellow LED wire) goes to pin 11 on the Teensy

LED Data (green LED wire) goes to pin 13

People online recommend putting a small 100 - 200 Ohm resistor in series for Clock and Data, as well as putting the power supply as close as possible to the LED strip, and perhaps a 470µF - 1000µF capacitor at the power terminals near the LED strip.

RS485 chip RX to pin 10 on the Teensy

RS485 chip TX to pin 9

RS485 chip RTS disconnected

RS485 GND to Ground

RS485 3-5V to Teensy 3.3v

On the Wobbler side:

RS485 chip: See diagram below. Note GND, TX, RX are in the 'Bluetooth' connector area, and RTS as well as 3.3V are near the NRF area.

